

# Why Cannabis *for pain management?*

**ANTI NERVE PAIN**

**ANTI MUSCLE SPASM**

**ARTHRITIS**

**RESTLESS LEG SYNDROME**

**JOINT PAIN**

**BACK PAIN**

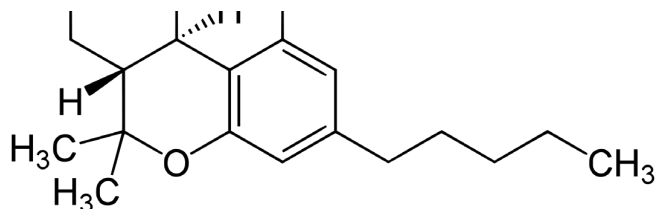
**INFLAMMATION**

**MIGRAINES**

**BODY SORENESS**

## *What patients think about it...*

“It’s life changing. Cannabis is a treatment option that every patient should put some research into. Every chronic pain sufferer owes it to themselves to learn how to manage their symptoms in the most effective, natural way. Cannabis helped me get off several opioids that were prescribed to me for pain and I experienced no negative side effects.”



## BREAKING THE STEREOTYPE

THE ENDOCANNABINOID SYSTEM

Cannabis has many positive effects on the human body. In fact, there is a system in our body that produces cannabinoids, and is specifically designed to accept and process them accordingly. From the pain-killing effects of THC to the anti-anxiety and anti-inflammatory properties of CBD, we have just scratched the surface of a world of possibilities. People are waking up to the benefits of these medicines as more researchers are exploring the infinite possibilities inherent in this seemingly simple plant.



Understanding dosage and alternative uses:

### **Vaping Cannabis:**

A vaporizer steadily heats herbs to a temperature that is high enough to extract THC, CBD, and other cannabinoids, but the temperatures are too low for the potentially harmful toxins that are released during combustion. Vaporizing is away many patients use cannabis for anxiety, depression, and pain. Vaporizing is odorless. It is also filtering out plant carcinogens as you medicate making for a pure, clean, vapor option.

### **Eating Cannabis:**

Metabolizing cannabis can make the effect much stronger. Starting small is ideal and may take up to an hour to feel. The effects are long lasting and can last up to 6 hours as opposed to smoking. Dosing will be different per person, but the internal benefits are worth it. Pain can be manageable through edibles and are a healthy alternative to smoking due to ingestion versus inhalation.

### **Topical Cannabis:**

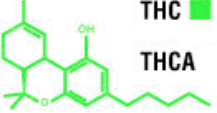
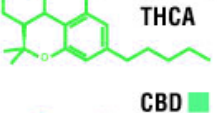
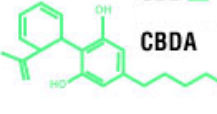
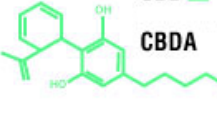
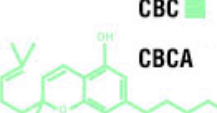
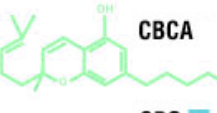
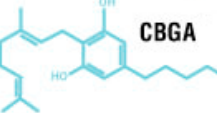
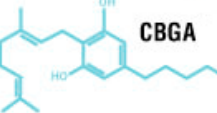
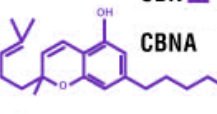
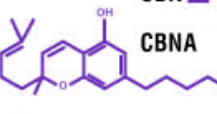
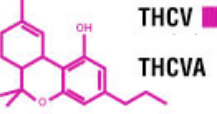
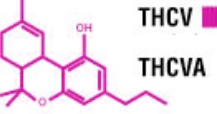
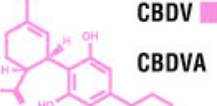
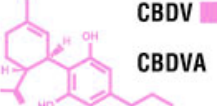
Topicals are most popularly chosen for localized pain relief, muscle soreness, tension, and inflammation. Even if a topical contains active THC, it still won't induce that intense "high" you'd get from smoking or ingesting it.

### **Smoking Cannabis:**

Smoking cannabis has instantaneous benefits. You can start small and do research on specific strains to find out what strain works best for your ailments. For patients needing high pain relief, there is cannabis extract medication that helps instantaneously, yet aiding in a more potent way for those who need higher doses for stronger pain.

# THC vs. CBD

There is a difference between THC and CBD. With THC being more intoxicating than CBD, meaning it would give you the "high" feeling. CBD is non-intoxicating. Patients find benefits through both. Below are specific symptoms treated by each cannabinoid compound.

| CANNABINOID   | BENEFIT   |
|---|---|
|  <b>THC</b>     | Tetrahydrocannabinol-   |
|  <b>THCA</b>    | Psychoactive, painkiller, anti-inflammatory, anti-microbial, neuroprotective, anti-emetic, anti-proliferative |
|  <b>CBD</b>     | Cannabidiol-  |
|  <b>CBDA</b>    | Relieves anxiety, convulsions, depression, inflammation, nausea, sleep aid, muscle relaxer                    |
|  <b>CBC</b>    | Cannabichomene-   |
|  <b>CBCA</b>   | Anti-inflammatory, painkiller, treats acid reflux, anti-anxiety, anti-depressant                              |
|  <b>CBG</b>   | Cannabigerol-   |
|  <b>CBGA</b>  | Painkiller, muscle relaxant, anti-erythmic digestive aid, stomachic (stomach function)                        |
|  <b>CBN</b>   | Cannabichromene-  |
|  <b>CBNA</b>  | Mild psychotropic, may stimulate bone growth, anesthetic, anti-convulsive, analgesic, anti-anxiety            |
|  <b>THCV</b>  | Tetrahydrocannabivarin-   |
|  <b>THCVA</b> | Anti-obesity, aids memory, calming aid, antibacterial, antiviral, immune system                               |
|  <b>CBDV</b>  | Cannabidivarin-   |
|  <b>CBDVA</b> | Anti-inflammatory, analgesic, protects cells lining and digestive tract                                       |

# LEARN ABOUT YOUR ENDOCANNABINOID SYSTEM

The term "Endo" stands for "endogenous" meaning "originating in your body." A cannabinoid is the compound group which activates this Endocannabinoid System. Because the ECS has a widespread therapeutic effect potential, it's a focus of medical research.

You have CB1 receptors throughout your body, particularly in your spinal cord and brain. They're predominately located in areas associated with certain behaviors they impact, such as in your hypothalamus (which pertains to regulating your appetite, and the amygdala, which is related to emotional and memory processing). You also have CB1 receptors in your nerve endings, where they're involved in

reducing the sensation of pain. CB1 receptors are also found in your central nervous system and provide you with benefits such as: reduced anxiety, migraine relief, chronic pain relief, nausea, mood and many more.

## HOW TO MAKE RICK SIMPSON OIL

<https://www.medicaljane.com/2013/01/26/rick-simpsons-hemp-oil-medicine-natural-cure-for-cancer-using-concentrated-cannabis-oil/#who-is-rick-simpson>

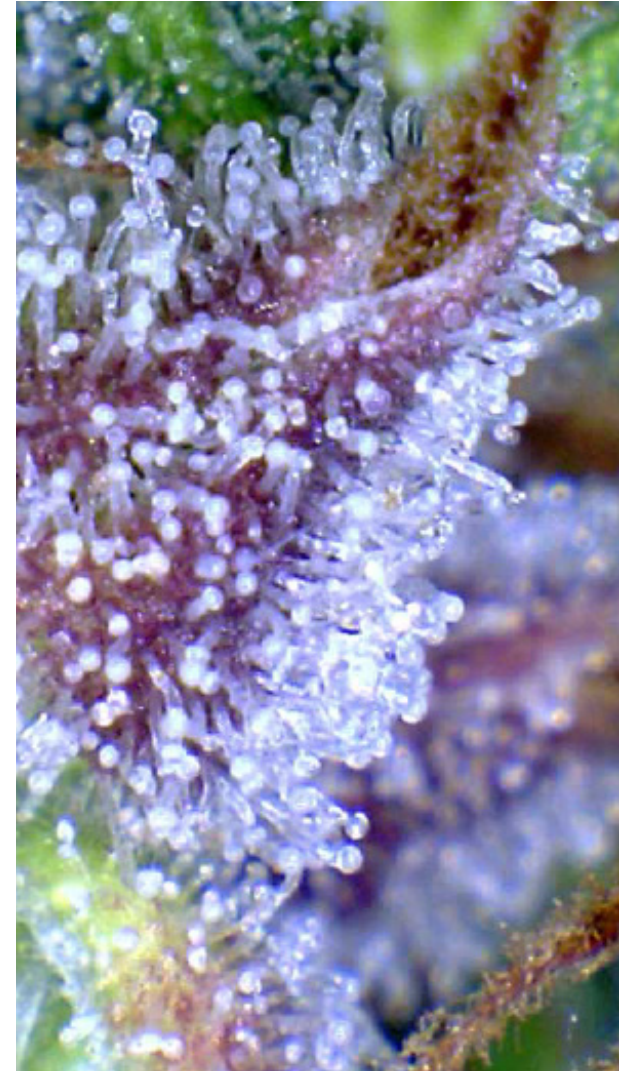
References for further information in your area:



[www.leafly.com](http://www.leafly.com)  
[www.weedmaps.com](http://www.weedmaps.com)  
[www.medicalmarijuana.com](http://www.medicalmarijuana.com)  
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# Cannabis

Cannabis and Pain Management



**LEARN ABOUT CANNABIS FOR SYMPTOM MANAGEMENT**