

WHY CANNABIS FOR VETERANS?

POST TRAUMATIC STRESS

MENTAL HEALTH

CHRONIC PAIN

TRAUMATIC BRAIN INJURY

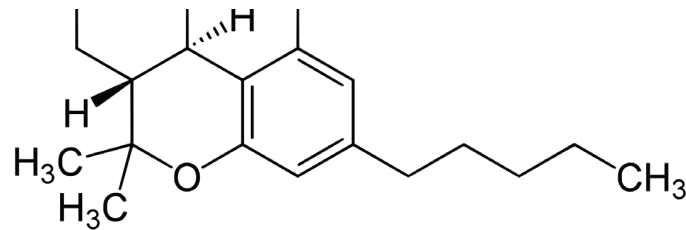
INSOMNIA

GLAUCOMA

MOOD

WHAT VETERANS ARE SAYING...

"It's life changing. Cannabis is a treatment option that every Veteran should put some research into. Many Veterans describe cannabis as the swiss army knife of symptom relief. Edibles, topicals, vaporizers etc. take care of daily chronic pain, and many other issues without the debilitating side effects of opioids."



BREAKING THE STEREOTYPE

THE ENDOCANNABINOID SYSTEM

Cannabis has many positive effects on the human body. In fact, there is a system in our body that produces cannabinoids, and is specifically designed to accept and process them accordingly. From the pain-killing effects of THC to the anti-anxiety and anti-inflammatory properties of CBD, we have just scratched the surface of a world of possibilities. People are waking up to the benefits of these medicines as more researchers are exploring the infinite possibilities inherent in this seemingly simple plant.



Vaping Cannabis:

A vaporizer steadily heats herbs to a temperature that is high enough to extract THC, CBD, and other cannabinoids, but the temperatures are too low for the potentially harmful toxins that are released during combustion. Vaporizing is away many patients use cannabis for anxiety, depression, and pain. Vaporizing is odorless. It is also filtering out plant carcinogens as you medicate making for a pure, clean, vapor option.

Eating Cannabis:

Metabolizing cannabis can make the effect much stronger. Starting small is ideal and may take up to an hour to feel. The effects are long lasting and can last up to 6 hours as opposed to smoking. Dosing will be different per person, but the internal benefits are worth it. Pain can be manageable through edibles and are a healthy alternative to smoking due to ingestion versus inhalation.

Topical Cannabis:

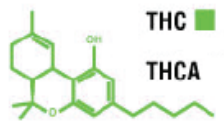
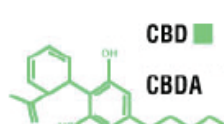
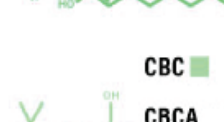
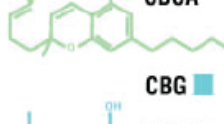
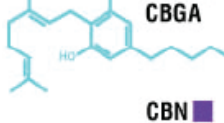
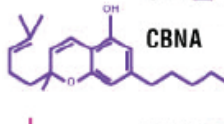
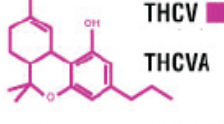
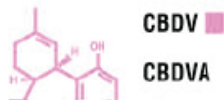

Topicals are most popularly chosen for localized pain relief, muscle soreness, tension, and inflammation. Even if a topical contains active THC, it still won't induce that intense "high" you'd get from smoking or ingesting it.

Smoking Cannabis:

Smoking cannabis has instantaneous benefits. You can start small and do research on specific strains to find out what strain works best for your ailments. For patients needing high pain relief, there is cannabis extract medication that helps instantaneously, yet aiding in a more potent way for those who need higher doses for stronger pain.

THC VS. CBD

There is a difference between THC and CBD. With THC being more intoxicating than CBD, meaning it would give you the "high" feeling. CBD is non intoxicating. Patients find benefits through both. Below are specific symptoms treated by each cannabinoid compound.

	THC ■	Tetrahydrocannabinol-
	THCA	Psychoactive, painkiller, anti-inflammatory, anti-microbial, neuroprotective, anti-emetic, anti-proliferative
	CBD ■	Cannabidiol-
	CBDA	Relieves anxiety, convulsions, depression, inflammation, nausea, sleep aid, muscle relaxer
	CBC ■	Cannabichomene-
	CBCA	Anti-inflammatory, painkiller, treats acid reflux, anti-anxiety, anti-depressant
	CBG ■	Cannabigerol-
	CBGA	Painkiller, muscle relaxant, anti-erythmic, digestive aid, stomachic (stomach function)
	CBN ■	Cannabichromene-
	CBNA	Mild psychotropic, may stimulate bone growth, anesthetic, anti-convulsive, analgesic, anti-anxiety
	THCV ■	Tetrahydrocannabivarin-
	THCVA	Anti-obesity, aids memory, calming aid, antibacterial, antiviral, immune system
	CBDV ■	Cannabidivarin-
	CBDVA	Anti-inflammatory, analgesic, protects cells lining and digestive tract

LEARN ABOUT YOUR ENDOCANNABINOID SYSTEM

The endocannabinoid system plays an important role in your overall health and maintaining homeostasis and balance in your body. It's a complex system responsible for regulating your body's immune response, metabolism, memory, appetite, communication among cells and more.

The endocannabinoid system (ECS) is what enables the naturally occurring cannabinoids in medical cannabis to interact with your body and trigger the positive effects. The ECS has two main cell receptors which are CB1 and CBS.

CB1 receptors are throughout your body, including your nerve endings and central nervous system. The interaction between these receptors and cannabis provide you with benefits such as balancing your immune system, modulation of anxiety and stress, decreased nausea, chronic pain relief, and mental health.

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CANNABIS AND VETERANS



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